



# LAB

— LIFE ECONOMICS —



Plan your trip to Boston and  
Cambridge in the USA.

## 2026

### **General recommendations**

The TEC-T academic experience that will take place from July 27-31 is an intensive program. Therefore, we recommend taking a few extra days if you wish to explore the city's attractions and even take full advantage of the cultural offerings at Harvard and MIT.

### **Remember that the experience includes:**

- **The tickets are purchased on the dates indicated by each student.**
- **Accommodation and food only from July 27th to 31st.**




# What should you bring for the academic experience?

- ✓ It is mandatory to bring a laptop


Alternatively, a tablet.

- ✓ **Smartphone**


If possible, buy a prepaid SIM card from The United States upon your arrival so that you're always connected.

- ✓ [Google Maps](#) 

It's important that you download the Google Maps app. to guide you at any time.

- ✓ **MIT and Harvard Applications** 

For transport and location during the Academic experience is important that you download them.

- ✓ [Public transport and public bicycles](#) 

For transportation in the city we recommend download the public transport and public bicycles apps to your phone Boston.

- ✓ **Credit card**

It is recommended to have an active credit card.

- ✓ **Health insurance**

Don't forget that you must have health insurance with coverage in the United States during your travel days.



## Tentative weather forecast for July

In Boston and Cambridge, July marks summer at its peak.

During the second half of the month, temperatures typically range from 19°C to 27°C during the day. The hottest days can reach 33°C. There is a higher probability of muggy days with high humidity, but also of occasional afternoon showers.

The temperature can vary unexpectedly; to confirm the temperature before your trip, we recommend visiting "The Weather Channel".

<https://weather.com/weather/today/1/02115>



### Clothing recommendations:

- ✓ Light and cool clothing - Cotton T-shirts, shorts, dresses and light colors that breathe well in the heat and humidity.
- ✓ Comfortable shoes. Lightweight sneakers for walking around town.
- ✓ Sun protection - a hat/cap, sunglasses and sunscreen are essential for sunny days.
- ✓ Light jacket - A thin sweater or cardigan for very cold, air-conditioned indoors (restaurants, shops, transport, etc).
- ✓ Compact umbrella - For occasional afternoon rain and thunderstorms.



### Explore the cultural and gastronomic offerings

Boston is a city with a diverse cultural and culinary scene. Here are some of the places you can explore:

- ✓ Boston Freedom Trail: [Click here to see more](#)
- ✓ Italian Neighborhood: [Click here to see more](#)
- ✓ Chinatown: [Click here to see more](#)
- ✓ Latino Neighborhood (East Boston): [Click here to see more](#)
- ✓ Typical food: Clam Chowder.



# Places to visit between July 27th and 31st



**Boston Museum of Fine Arts (MFA)**

- ✓ It is one of the most important art museums in the United States and the world. It houses collections ranging from ancient to contemporary art, with outstanding pieces from the Americas, Europe, Asia, and Latin America. It features original works by Monet, Van Gogh, Cézanne, Rembrandt, Rubens, Renoir, Diego Velázquez, and Francisco de Zurbarán, among many others.

Price / Person	Address
\$27	465 Huntington Avenue, Boston, Massachusetts 02115

[🔗 Museum of Fine Arts](#)

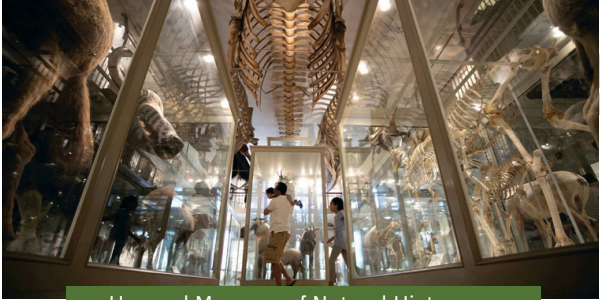


**Boston Museum of Science**

- ✓ It is one of the world's most renowned science centers, with interactive exhibits, live demonstrations, and immersive experiences that spark curiosity about science and technology.

Price per person	Address: 1 Science Park,
\$33	Boston, MA 02114

[🔗 Museum of Science](#)



**Harvard Museum of Natural History**

- ✓ It is one of the most prestigious natural history museums in the U.S., with collections of minerals, fossils, plants, and animals from around the world. Its famous glass flowers and biodiversity exhibits are particularly noteworthy.

Price per person	Address
\$15	26 Oxford Street, Cambridge, MA 02138

[Harvard Museum of Natural History](#)

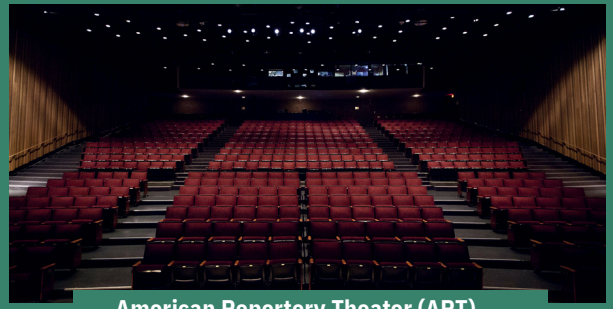


**MIT Museum**

- ✓ It showcases the innovation and creativity of the Massachusetts Institute of Technology through exhibits on robotics, artificial intelligence, biotechnology, and entrepreneurship. It is a unique space where leaders can be inspired by the frontiers of science and technology with direct applications to the business and social challenges of countries like Colombia.

Price per person	Address
\$20	314 Main Street, Cambridge, MA 02142

[MIT Museum](#)



### American Repertory Theater (ART)

- ✓ It is a leading force in American theater, producing innovative works driven by risk-taking and passionate research. Tickets can be purchased online through the A.R.T. website or by phone.

Price / Person	Address
\$35	64 Brattle Street, Cambridge, MA 02138.

[American Repertory Theater at Harvard University](#)



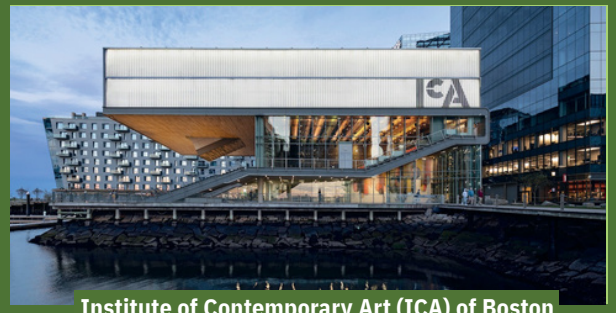
### Architectural tour along the Charles River

- ✓ Enjoy spectacular views of Boston's modern and historic architecture, with a guide who will explain the most impressive design details and features. Highlights include the Prudential Building, the Hancock Tower, and the Marriott Custom House, among other more contemporary projects.

Price per person	Address
\$45	100 CambridgeSide Place, 02141, Cambridge, US.

[Charles River Boat Tour](#)





**Institute of Contemporary Art (ICA) of Boston**

- ✓ It is an innovative waterfront museum that presents the best of global contemporary art in dialogue with today's major social and cultural issues. For Colombian leaders, it offers inspiration on how art fosters creativity, innovation, and social transformation.

Price per person	Address
\$20	25 Harbor Shore Drive, Boston, MA 02210.

[Institute of Contemporary Art](#)



**Isabella Stewart Gardner Museum**

- ✓ It is a museum located in Boston with a collection of more than 2,500 works of European, Asian, and American art, including paintings, sculptures, tapestries, furniture, and other decorative arts.

Price per person	Address
\$22	5 Evans Way, Boston, MA 02115

[Isabella Stewart Gardner Museum](#)

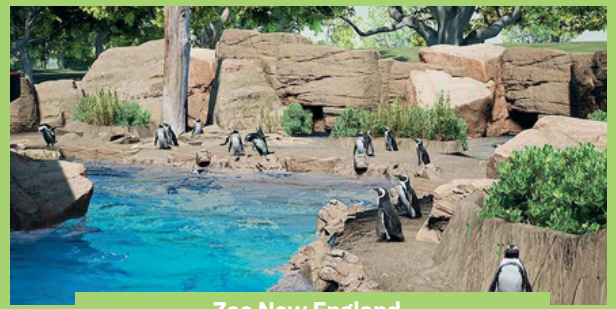


### New England Aquarium

- ✓ In Boston, it is one of the most renowned aquariums in the United States, housing thousands of marine species and participating in global ocean conservation programs. For Colombian leaders, it serves as a model of how science, education, and tourism can unite to protect biodiversity and promote sustainable development.

Price / Person	Address
\$34	1 Central Wharf, Boston, MA 02110

[New England Aquarium](#)



### Zoo New England

- ✓ It is a space dedicated to wildlife conservation and environmental education. For Colombian leaders, it represents an example of how to integrate recreation, science, and community engagement around the protection of biodiversity.

Price / Person	Address
\$23	Franklin Park: 1 Franklin Park Rd, Boston, MA 02121

[Zoo New England](#)





## Boston Duck Tours

- ✓ It's one of the city's most iconic tourist experiences, traversing Boston by land and water in historic amphibious vehicles. For Colombian leaders, it's a creative example of how heritage, innovation, and tourism can be integrated to boost the local economy and strengthen cultural identity.

Price per person	Address
\$55	Different departure points

[Boston Duck Tours](#)

## Other offers

**City pass packages to city attractions:**

<https://es.citypass.com/boston>

**Events of all kinds and at all prices:**

<https://www.thebostoncalendar.com/>

**Public parks:**

<https://www.boston.gov/departments/parks-and-recreation>

**Walking tours:**

<https://bostonbyfoot.org/>

**Classical music concerts:**

<https://www.classical-scene.com/calendar/>

**Concerts at TD Garden:**

<https://www.tdgarden.com/events/category/concerts>

**Beaches in Boston:**

<https://www.visit-massachusetts.com/boston/beaches/>

**Summer events 2026:**

<https://bit.ly/eventos-veranoboston-2026>



**Leave us your details before  
May 30th and we'll organize  
your trip together here**



<https://go.llel.boston/travel-data-TECT2026>